Someday you will be an **OLD PERSON** Sorry to remind you, but it's true—and the sooner

you accept the fact, the more prepared you'll be to build the kind of retirement lifestyle you want.







Saving a little now is better than saving a lot later



savings goal of your entire life. The earlier you start saving, the more time your contributions have to compound and grow.

IT PAYS TO START SAVING EARLY Let's say you put \$10,000 in your 401(k) and do nothing further until it's time to withdraw the balance at age 65:

Your retirement will likely be the longest-term

AGE AT WHICH YOU START SAVING "The same investment can be worth a lot more when given a little bit more time to grow!"

\$100,000 \$68,000

\$217,000

an 8% average annual return



container, they can grow and accumulate tax-free.

As long as your investments remain in the

The most common retirement savings accounts

COMPARING OPTIONS

include Traditional IRAs, Roth IRAs and 401(k)s **TRADITIONAL ROTH IRA** 401(k) IRA

Where can I set one up?

At your

financial

institution

\$6,000 (combined IRA limit)

At your

financial

institution

Contributions are made with pre-tax dollars contributions may

be deducted from your income

tax return for

that year

(to avoid penalties)

income

An additional

10% in taxes is

charged on early

withdrawals

No

Are my contributions taxed?

with after-tax dollars and cannot be deducted from your income tax

Contributions to a

Roth IRA are made

(to avoid penalties)

After age 59½ (after age 55 in some cases) Are withdrawals taxed?

Through

your

employer

\$20,500

(if you're under the age of 50)

No

Your 401(k)

contributions

are pre-tax—they

come directly

from your salary

and are not

counted toward

your taxable income that year

Qualified Distributions in Distributions in withdrawals in retirement are retirement are taxed as ordinary taxed as ordinary

What makes it a good option?

Because

Traditional IRAs

are self-directed,

you can choose from a wide range of investment options

Traditional IRAs

have RMDs,

meaning you

have to start

withdrawing funds

after you reach

age 70

You may have to pay taxes and penalties on the

earnings in your

Roth IRA when

you make early

withdrawals

Unlike Traditional

IRAs, Roth IRAs

have tax-free

withdrawals and have no RMDs (required minimum distributions) What should I look out for?

Unlike the other

options, Roth IRAs

will not give you

tax breaks on your

contributions

contributionsfree money!

Limited investment

options and

higher fees are

sometimes

associated with

401(k) plans

JUST SO YOU KNOW... The comparison chart above is a simplified guide.

touch with your credit union.

Switch over and max out your Roth IRA contribution If you have money left over, top up your 401(k)

but the following steps are often recommended

Why? This strategy nets you the free money from your employer match and also takes advantage of your Roth IRA's tax-free withdrawals. STRATEGIC SAVING

In order for your Life happens, but the last thing you need money to grow, you need to create the is an unexpected expense taking a bite

right environment paying down credit cards (and other highinterest debt) should be your #1 priority Maximize your repayment plans

Eliminate high-

interest debt

One-third of millennials say student loan debt is delaying retirement savings

> Time is on your side when it comes to retirement savings start small if you have to, but start

Ditch the excuses and

start saving today

extra cash for savings

Revisit your

loan terms and see if there's

a smart way to consolidate or

refinance your loans

in order to free up



DuGood Credit Union

It's a Money Thing is a registered trademark of Currency Marketing

saving today

Sources: Investopedia, IRS.gov, NerdWallet,

What are the annual contribution limits?

When can I make withdrawals? After age 59½ After age 59½

> No retirement are tax-free

Are there any penalties? Most early withdrawals are taxed as ordinary income and charged an additional 10% penalty fee

income

company match on your 401(k)

Your employer

may offer

Full details and exceptions are not listed here. If you're looking to learn more, visit the IRS.gov website or get in **STARTER PLAN** Retirement savings plans are not "one size fits all,"

> These tips will help you protect and grow your retirement savings

> > **Build** an

emergency fund

out of your savings—

build an emergency

fund to protect your

financial goals

Contribute enough to meet your 401(k) match

The Motley Fool, Time Inc.