Understanding **Overdraft**

overdraft occurs when you spend more money than you have available in your checking account, resulting in a negative balance



financial institutions offer overdraft protection, but relying on this service without fully understanding how it works can create a cycle of overdraft and NSF (non-sufficient funds) fees that's hard to break out of

Most

OVERDRAFT SCENARIOS



It's easy to overdraw your checking account if you're unaware of your account balance. Be mindful by reading your monthly statements, by checking

ACCOUNT BALANCE IGNORANCE

your account balance regularly, and by tracking your expenses with a checkbook register or with a budgeting app. HOLD ON When you make certain purchases like paying for gas at the pump, a hold can be placed on your

debit card. This means that a larger portion of your available debit balance is "frozen" until the transaction goes through. If you're already close to overdrawing your account, a hold can trigger a negative account balance without your realizing it.



balances and expenses, the time and order in which

PROCESSING LIMITATIONS

transactions are processed can sometimes wreak havoc on your account balance. Be aware of your financial institution's holding periods so that you don't end up spending money you don't have. OVERDRAFT PROTECTION VS. OPTING OUT

Even if you're hyper-vigilant about your account

Let's say that you're buying a brand-new gadget at the store. Your last paycheck hasn't cleared, so you're unaware that your current

available balance is only \$150. The gadget costs \$160. You pull out your debit card and...

DEBIT



from your savings account to cover the transaction

Depending on how your financial institution handles

overdraft situations:

Funds are transferred

OR Your account then

becomes overdrawn,

resulting in a negative balance **BENEFIT**

You avoid the

inconvenient situation of

having your card declined

CONSIDER

You may be charged an overdraft fee

You may be charged

an NSF (non-sufficient funds) fee for having a

negative balance

You may also be charged a recurring fee until your

balance is positive

If you frequently overdraw your account,

you may be able to pay a monthly fee to reduce your total fee costs

BENEFIT You avoid a negative balance and any potential

not go through

funds) fees that go along with it **CONSIDER**

Having your card declined

can be inconvenient and

NSF (non-sufficient

embarrassing In emergency situations,

it can be extremely troubling

DID YOU

KNOW?

According to Regulation E,

consumers have the ability to opt out of overdraft

protection for any

debit card or ATM

transaction

HOW TO STAY AHEAD OF THE FEES

Set up alerts Most financial institutions will allow you to set up alerts that will inform you of your balance. You can receive a daily text message or email with your balance. In addition, you can usually set up an alert for a specific account balance. For example, you may want to receive a text message when your account balance reaches \$200, so that you receive sufficient notice to add more funds or curtail your spending.

Find a better way to borrow



Balance your checkbook Balancing your checkbook gives you power-the power of knowing exactly

need, not items that you want and cannot afford.

you. Whether you use a checkbook register, a spreadsheet on your computer or an app on your mobile device, balancing your checkbook is a good habit to form.

how much money is available to

CREDIT

Sources: CreditCards.com, *Forbes*

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